



MAY 7, 2022

**RACE MANUAL**



## Race Websites

[Race Registration](#)  
[Official Race Website](#)  
[Facebook Page](#)

## Race Director Contact

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## Table of Contents

Race Week Schedule	3
Start Line Shuttles	4
Race Start Times	4
Aid Stations	5-6
Drop Bags	7
Crew Locations	7
Start Line & Aid Station Directions	7
Pacers	8
Awards	8
Aid Station Provisions	8
Course Maps and Elevation Gain	8
Sponsors	9

## Race Week Schedule

Tuesday May 3<sup>rd</sup>: Online registration closes. No race registration after online registration closes.

Wednesday, May 4<sup>th</sup>, 7pm Pacific Time: Virtual race briefing. Invitation to be sent out closer to the day.

Friday, May 6<sup>th</sup>, 5pm-7pm: Pasta dinner and packet pick-up at Lo-Inyo Elementary School, 223 East Locust Street, Lone Pine, CA 93545. Dinner is \$9.00—A fundraiser for the Lone Pine Schools.

Friday May 6<sup>th</sup>, 7pm-9pm: Packet pick-up at the Lone Pine Chamber of Commerce, 120 South Main Street, Lone Pine, CA 93545

Saturday May 7<sup>th</sup>, Race morning packet pick-up:

- 50k and 50 Mile: 3:45am Spainhower Park, 430 N. Main Street
- Marathon: 4:45am Spainhower Park, 430 N. Main Street
- 10 Mile: 6:30am at Horseshoe Meadows Road Start Line (directions below)



*photo by Naomi Ruiz*

## Start Line Shuttles

10 Mile	None, Park at the start line on Horseshoe Meadows Road (directions below)
Marathon	Leave at 5:15am from Spainhower Park, 430 N. Main Street, Lone Pine, CA
50k and 50 Mile	Leave at 4:15am from Spainhower Park, 430 N. Main Street, Lone Pine, CA

## Race Start Times

Sunrise: 5:50AM

Sunset: 7:45PM

50 Mile	5am
50k	5am
Marathon	6am
10 Mile	7am



*photo by Virgil Dorabantu*

## Aid Stations

Note cut-off times. They will be enforced.

### 10 Mile

Name (Horseshoe Meadows Road)	Mileage	Cut Offs	Crew	Drop Bag
Start	0.0	7AM	Yes	No
10 Miler Split	6.0		No	No
Finish (Horseshoe Meadows Road)	10.0	12PM	Yes	No

### Marathon

Name	Mileage	Cut Offs	Crew	Drop Bag
Start (Horseshoe Meadows Road)	0.0	6AM	No	Yes
10 Miler Split	6.0		No	No
Lone Pine Campground	8.0		No	No
Hogback	12.5		No	Yes
Hogback	13.5		No	Yes
Moffat Ranch	18.0	11AM	Yes	No
Mother Hill	20.0		No	No
Horse Trail	23.0		No	No
Finish (Spainhower Park)	26.0	7PM (13 hours)	Yes	Yes



*photo by Naomi Ruiz*

## Aid Stations Continued

Note cut-off times. They will be enforced.

### 50K

Name	Mileage	Cut Offs	Crew	Drop Bag
Start (Horseshoe Meadows Road)	0.0	5AM	No	Yes
Tuttle Creek Trailhead	5.4		No	No
10 Miler Split	7.8		No	No
Lone Pine Campground	9.8		No	No
Hogback	14.3		No	Yes
Hogback	18.3		No	Yes
Moffat Ranch	22.0	11AM	Yes	No
Mother Hill	25.0		No	No
Horse Trail	27.0		No	No
Finish (Spainhower Park)	31.0	7PM (14 hours)	Yes	Yes

### 50 Mile

Name	Mileage	Cut Offs	Crew	Drop Bag
Start (Horseshoe Meadows Road)	0.0	5AM	No	Yes
Tuttle Creek Trailhead	5.4		No	No
10 Miler Split	7.8		No	No
Lone Pine Campground	9.8		No	No
Hogback	14.3		No	Yes
Hogback	18.3		No	Yes
Moffat Ranch	22.0	11AM	Yes	No
Mother Hill	25.0		No	No
The Arch	29.0		No	No
Portal Preserve	35.0		No	No
Horseshoe Meadows Road	37.0	3PM	Yes	Yes
Water Box	41.0		No	No
Face Rock	44.0		No	No
Horse Trail	47.0		No	No
Finish (Spainhower Park)	50.0	7PM (14 hours)	Yes	Yes

## Drop Bags

Mark drop bags with your name, bib number, and aid station location. We will transport marathon, 50k and 50 Mile start line drops bags back to the finish line at Spainhower Park after you begin your race. Other aid station drop bags will be returned to finish line when those aid stations close.

<b>10 Mile</b>	None
<b>Marathon</b>	Hogback (mile 12.5, 13.5), Finish Line (mile 26)
<b>50k</b>	Hogback (mile 14.3, 18.3), Finish Line (mile 31)
<b>50 Mile</b>	Hogback (mile 14.3, 18.3), Horseshoe Meadows Road (mile 37), Finish Line (mile 50)

## Crew Locations

Directions to these crew locations can be found below.

<b>10 Mile</b>	Start and Finish Lines at Horseshoe Meadows Road (miles 0 & 10)
<b>Marathon</b>	Moffat Ranch (mile 18), Finish Line (mile 26)
<b>50k</b>	Moffat Ranch (mile 22), Finish Line (mile 31)
<b>50 Mile</b>	Moffat Ranch (mile 22), Horseshoe Meadows Road (mile 37), Finish Line (mile 50)

## Start Line & Aid Station Directions (from Spainhower Park)

We ask that you please use these directions for safety reasons, avoid congesting the course route, and dusting out runners.

[Spainhower Park Start Shuttle Pick-Up and Finish Line](#) (Marathon, 50k, 50 Mile):  
430 North Main Street, Lone Pine, CA 93545

[Horseshoe Meadows Start Line](#) (10 Mile participants ONLY) (7 minute drive):

0.3 miles south on Main Street (US-395) to Whitney Portal Road, turn right

3.1 miles on Whitney Portal Road to Horseshoe Meadows Road, turn left

0.8 miles on Horseshoe Meadows Road, park on the dirt lot on left

[Moffat Ranch](#) (Marathon, 50k, 50 Mile) (12 minute drive):

5.8 miles north on US-395 to Moffat Road, turn left

0.2 miles on Moffat Road to Moffat Ranch Road, turn left

2.0 miles on Moffat Ranch Road to aid station at creek. Park along side dirt road, but park off the road—do not impeded traffic please. Walk the few hundred yards to aid station.

[Horseshoe Meadows Start Line](#) (50 Mile aid station) (7 minute drive):

0.3 miles south on Main Street (US-395) to Whitney Portal Road, turn right

3.1 miles on Whitney Portal Road to Horseshoe Meadows Road, turn left

0.8 miles on Horseshoe Meadows Road, park on the dirt lot on left

## Pacers

50-mile runners are permitted one pacer beginning at Horseshoe Meadows Road (mile 37). However, this pacer must complete the remainder of the course (13 miles) with their runner from this point. Rides will not be provided to pacers who drop. Pacers must sign an event waiver at runner check-in on Friday or at Horseshoe Meadows Road aid station on Saturday.

## Awards

Special medal for all finishers  
Top three overall in each race  
Top three masters (over 45+) in each race

## Aid Station Provisions

[Crystal Geyser water](#)

Ice

[Skratch Labs sports hydration drink mix](#)

Coke

7-Up or ginger ale

Bananas

Oranges

Potato chips

Peanut butter & jelly sandwiches

Cookies/candy

Other goodies and “real food” as determined by aid station captains

## Course Maps and Elevation Gain

10 Mile, Marathon, 50k and 50 Mile course maps can be found [HERE](#).

Race	Lowest Elevation	Highest Elevation	Elevation Gain	Descent
10 Mile	~4600'	~6300'	~1750'	~1750'
Marathon	~3700'	~6700'	~4200'	~5200'
50k	~3700'	~7000'	~4700'	~5600'
50 Mile	~3700'	~7000'	~7200'	~8100'



## Sponsors

The many businesses of Lone Pine, California



# LONE PINE

*The Other Side of California*



# skcratch LABS

